

**nutribullet.**  
PRO 1000



**User guide.**

# Important safeguards.

**Warning!** To avoid the risk of serious injury, carefully read all instructions before operating your NutriBullet®. When using any electrical appliance, basic safety precautions should always be observed, including the following important information.

## ! Save these instructions! ● FOR HOUSEHOLD USE ONLY

### GENERAL SAFETY INFORMATION

- Close supervision is necessary when any appliance is used by or near children. Keep cord out of reach of children. This appliance is not a toy. Do not allow children to play with it.
- **NEVER LEAVE THE NUTRIBULLET® UNATTENDED WHILE IT IS IN USE.**
- **DO NOT USE OUTDOORS.**
- **ALWAYS UNPLUG THE NUTRIBULLET® WHEN NOT IN USE.**

### HEAT & PRESSURE SAFETY

**To avoid personal injury, never blend hot ingredients or liquid in any sealed NutriBullet® cup!**

**WARNING!** Heated ingredients can pressurize sealed containers when agitated and cause cup and blade separation or violently expel hot contents upon opening. Always start the blending process with room temperature or refrigerated ingredients and liquids (21°C/70°F or cooler).

**Never continuously operate for longer than necessary to create your recipe — generally less than one minute.** Blade friction from prolonged operation can heat ingredients and generate internal pressure in the sealed container. This pressure can cause the cup and blade to separate or blended contents to erupt from the container, resulting in possible personal injury and/or property damage. If the sealed NutriBullet® cups are warm to the touch, power off your machine and allow the vessel

**WARNING!** to cool for fifteen minutes or more. Allow contents to settle before slowly releasing the cup from the motor base. With the NutriBullet® cup, pointed away from your face and body, slowly unscrew the easy-twist extractor blade to gently release any residual pressure.

**If you need to blend for longer than one minute, blend for 1-minute intervals.**

After each 1-minute interval, allow the motor base to shut off completely and wait at least one minute before starting the next cycle. Do not run for more than 3 consecutive 1-minute intervals to prevent the contents from overheating. Allow contents to settle for 2-3 minutes after the third blending cycle to prevent overheating and buildup of pressure.

Sugar in fruits and vegetables can ferment over time, releasing gases that cause pressure to build up in a sealed NutriBullet® cup. **Do not store any smoothies or blended mixtures in vessels sealed with the easy-twist extractor blade.** If you will not consume your smoothie immediately, remove the easy-twist extractor blade and cover your NutriBullet® cup with plastic wrap before refrigerating. If your smoothie or blended mixture was

**WARNING!** made in the pitcher, transfer to another storage container before refrigerating. Never store any blended mixture in a sealed cup unrefrigerated, or for any prolonged period of time; contents will spoil and ferment, producing gases that might cause eruption.

**Never blend carbonated liquids, reactive, or effervescing ingredients**

(e.g., baking soda, baking powder, vinegar, citric acid, yeast, etc.). Pressure from released gases can cause a sealed blending container to burst or separate, resulting in possible injury and/or property damage.

If the NutriBullet® blends for longer than one minute, friction from the blades can cause ingredients to heat and generate internal pressure inside the vessel. If a blending vessel becomes warm to the touch, turn off the machine and allow the vessel to cool completely before carefully opening, pointed away from your body to avoid injury.

### BLADE SAFETY

**Never store any easy-twist extractor blade in the motor base unattached to a NutriBullet® cup. An exposed blade can present a laceration hazard.**

**WARNING!** Blades are sharp! Handle carefully. Use care when handling any blade. To avoid laceration injury, do not handle or touch any blade edge.

**AVOID CONTACT WITH MOVING PARTS!** Keep hands and utensils out of and away from blades while blending food to reduce the risk of severe personal injury.

- **TO REDUCE THE RISK OF PERSONAL INJURY OR PROPERTY DAMAGE,** make sure the easy-twist extractor blade is securely twisted (hand-tightened) onto the NutriBullet® cup before placing it on the motor base and operating the NutriBullet® PRO 1000. Check to make sure the easy-twist extractor blade is aligned properly before placing it on the motor base and operating your NutriBullet® PRO 1000.
- After blending, wait to remove the NutriBullet® cup/ easy-twist extractor blade assembly from the motor base until the motor comes to a full stop and the unit powers down completely. Taking the blending vessel off the unit prior to complete power down can cause damage to the easy-twist extractor blade coupling or motor gear.

### **Never use the NutriBullet® PRO 1000 without adding liquid, as doing so may damage the blades.**

- The cyclonic action® of your NutriBullet® PRO 1000 requires the use of liquids to make smoothies and other nutritious items. The NutriBullet® PRO 1000 is not intended to be used without liquids, or as an ice crusher. **ALWAYS ADD LIQUID to your recipe.**
- **DO NOT USE** the easy-twist extractor blade for grinding dry ingredients such as grains, cereal, or coffee, as this may damage the motor and/or the easy-twist extractor blade.
- We recommend replacing your easy-twist extractor blade every 6 months (depending on use) or as needed for optimal performance.

### **ELECTRICAL SAFETY**

- WARNING!**
- Do not use this product in locations with different electrical specifications or plug types. Do not operate with any type of plug adapter or voltage converter device, as these may cause electrical shorting, fire, electric shock, personal injury, or product damage.
  - The use of attachments, including canning jars, is not recommended and may cause fire, electric shock,

personal injury, or product damage and will void the product's warranty.

- To avoid the risk of electric shock, never immerse the cord, plug, or motor base of the NutriBullet® PRO 1000 in water or other liquids. Discontinue use if the cord, plug, or motor base is damaged.
- Always **POWER OFF** by **UNPLUGGING** the NutriBullet® PRO 1000 when it is not in use or **BEFORE** assembling, disassembling, changing accessories, or cleaning. Do not attempt to handle the NutriBullet® PRO 1000 until all parts have stopped moving.
- Do not allow the cord to hang over the edge of the table or counter. Do not pull, twist, or damage the power cord. Do not allow the cord to touch hot surfaces, including the stove.
- If the motor stops working, unplug the motor base and let it cool for at least 15 minutes before attempting to use it again. Your NutriBullet® PRO 1000 has an internal thermal breaker that shuts off the motor when it overheats. The thermal breaker will reset when the unit is unplugged, and the thermal breaker cools down sufficiently.

### **POLARIZED PLUG INFORMATION:**

- Your NutriBullet® PRO 1000 has a polarized plug (one prong is wider than the other) to reduce the risk of electric shock. This plug will correctly fit in a polarized outlet only one way. If the plug does not fit fully in the outlet, reverse the plug. If it still does not fit, contact a qualified electrician. For your safety, do not modify the plug or motor base in any way. Doing so will increase risk of injury and void the product's warranty.

### **STOVE-TOP HEATING SAFETY**

#### **Do not blend hot ingredients in any sealed NutriBullet® cup!**

**WARNING!** To heat items that have been blended at room temperature or cooler (21°C/70°F or less), transfer mixture to a stovetop pot to heat. Use a thermometer to test the internal temperature of cooked ingredients; they may feel cool to the touch, yet still be hot inside.

The NutriBullet® PRO 1000 is not intended for use on the stove top. Do not place the motor base or any NutriBullet® accessory on the stove or microwave or immerse in boiling water. This may result in damage to the accessory.

## VENTILATION WARNINGS

**WARNING!** To prevent a fire hazard, power base openings (underneath the motor base) should be free of dust and lint and never obstructed with flammable materials such as newspapers, tablecloths, napkins, dishtowels, place mats or other similar type materials.

- **CAUTION!** Always operate the NutriBullet® PRO 1000 on a level surface, leaving unobstructed space beneath and around the motor base to permit proper air circulation. Vents on the bottom of the product are provided for ventilation to ensure reliable motor operation and to prevent overheating.

## MEDICAL SAFETY

- The information contained in this User Guide or Recipe Guide is not meant to replace the advice of your physician. Always consult your physician regarding health and nutrition concerns.

## MEDICATION INTERACTIONS:

- If you are taking any medication, especially cholesterol-lowering medication, blood thinners, blood pressure drugs, tranquilizers, or antidepressants, please check with your physician

before trying any of the recipes contained in this guide or the recipe guide.

- Avoid blending the following seeds and pits in the NutriBullet® PRO 1000, as they contain a chemical known to release cyanide into the body when ingested: apple seeds, cherry pits, plum pits, peach pits, and apricot pits. Fruit pits may also cause damage to the pitcher.

## ADDITIONAL INSTRUCTIONS FOR PROPER USAGE

- Do not place any of the NutriBullet® PRO 1000 parts in a microwave, oven, or in a stovetop pot, or immerse in boiling water, as this may result in damage to the part.
- **TO AVOID LEAKAGE, DO NOT OVERFILL THE BLENDING VESSELS!** When filling the blending vessels, make sure your ingredients do not exceed the MAX line. Exceeding the indicated MAX line can result in leakage, and may lead to dangerous pressurization.
- Blending vessels and easy-twist extractor blades are specific to the exact model of NutriBullet® PRO 1000 you possess. Use of incompatible parts (parts from other models) may result in damage to your NutriBullet® PRO 1000 or

create safety hazards. When ordering replacement parts (NutriBullet® cups, pitcher, easy-twist extractor blades) on **nutribullet.com** or via customer service, please specify the machine model to ensure you receive parts that are compatible with your unit.

- Periodically inspect all NutriBullet® PRO 1000 components for damage or wear that may impair proper function or present an electrical hazard. Make sure that the power cord and plug are undamaged. Discontinue use and replace blending vessels if you detect cracking, cloudiness, or damage to the plastic. Ensure that the blades rotate freely and that the structure is undamaged. Make sure that the motor base is unobstructed and clean. Follow maintenance recommended in the User Guide and never operate your NutriBullet® PRO 1000 with damaged components. If your NutriBullet® PRO 1000 malfunctions in any way, immediately discontinue use and contact customer service at **1-800-523-5993**. You may purchase new NutriBullet® cups, pitchers, and easy-twist extractor blades at **nutribullet.com** or by contacting customer service.

## ! Save these instructions!

If you have any comments, questions, or concerns, please go to **nutribullet.com**.

Or call customer service at: **1-800-523-5993**.

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Thank you for purchasing the NutriBullet® PRO 1000.

# What's included.



motor base



32-oz cup



24-oz cup

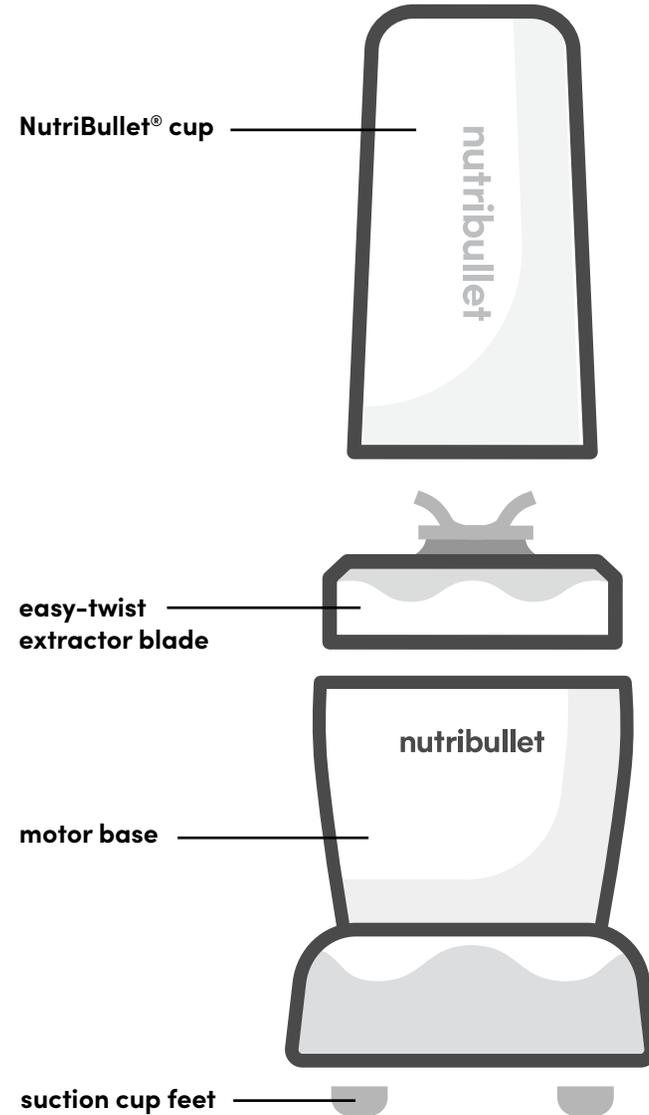


easy-twist  
extractor blade



2 to-go lids

# Assembly guide.



# NutriBullet® cup assembly & use.



## PLEASE KEEP THESE IMPORTANT SAFEGUARDS IN MIND WHEN USING THE APPLIANCE:

- Make sure the base is plugged in for use.
- Handle the easy-twist extractor blade assembly with care, as the blades are sharp.
- Never run the appliance while empty.
- Appliance accessories are not intended to be used in the microwave as it may damage the accessories.
- **Never** leave the appliance unattended while in use.

## Never blend hot ingredients when using any sealed NutriBullet® cups.

**WARNING!** Heated ingredients can pressurize sealed containers when agitated and violently expel hot contents upon opening. Always start the blending process with room temperature or refrigerated ingredients and liquids (21°C/70°F or cooler).

- 1 Review all warning and caution statements in the Important Safeguards section (pg. 3-7) before proceeding to Step 2.
- 2 Place the motor base on a clean, dry, level surface such as a counter or table.



3

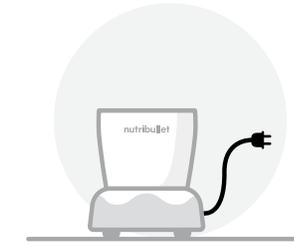
Add ingredients to the NutriBullet® cup.

**NOTE:** Do not overfill! To avoid leakage, do not add ingredients beyond the MAX line.



4

Twist the easy-twist extractor blade onto the cup until tightly sealed.



5

Plug the power cord into an electrical outlet.



6

Turn the cup upside down and place it onto the motor base, gently turning the cup clockwise to lock into the motor base. This will activate the extraction cycle.

- 7 The extraction cycle will automatically run for 1 minute. If you'd like to stop extracting before the cycle is over, proceed to step 8.



8

Unlock the assembly by gently twisting the cup counterclockwise. You will hear a click. Enjoy!

**NOTE:** Blending should not require longer than one minute to yield smooth and creamy results.



## CAUTION

Do not remove the easy-twist extractor blade from the NutriBullet® cup until blending has completely ceased. Do not use the easy-twist extractor blade as a storage lid for your cup. Some foods may contain active ingredients or release gases that will expand if left in a sealed container, resulting in excessive pressure buildup that can pose a risk of injury. When storing contents in the cup, use plastic wrap or foil to seal your container. Always point contents away from your body when unsealing.

# Care & maintenance.

Cleaning the NutriBullet® is easy. The cups and to-go lids are **TOP RACK** dishwasher-safe while the easy-twist extractor blade and motor base can be quickly hand-washed with soap and water. Read on for best practices.

## Here's how to clean the NutriBullet®:

### STEP 1:

The most important thing — **ALWAYS POWER OFF THE UNIT** and **UNPLUG** the motor base from the power outlet when it is not in use. Do not attempt to handle the appliance until all parts have stopped moving! This includes during assembly and disassembly, while changing accessories during cleaning, and any time you leave the machine unattended.

### STEP 2:

Detach the NutriBullet® cup / easy-twist extractor blade from the motor base.

### STEP 3:

Clean the individual components (motor base, easy-twist extractor blade, NutriBullet® cups) as recommended in the this section.

### MOTOR BASE:

- To avoid risk of injury, **NEVER** attempt to clean the actuator system on the motor base while the NutriBullet PRO® 1000 is plugged in.
- Do not attempt to remove any pieces from the motor base.
- Use a sponge or dish cloth dampened with warm soapy water to wipe down the motor base until clean.
- If necessary, you may use a small brush to scrub the actuator system area to ensure it's clean.
- To clean leakage residue from the motor base, wipe with a damp sponge and warm water.
- If necessary, you may use a small brush to scrub the actuator system area to ensure it's clean.



**WARNING:** Never submerge the motor base in water.

### EASY-TWIST EXTRACTOR BLADE:

- Blades are sharp! Handle the easy-twist extractor blade with care when cleaning! It is best to clean blades immediately after use

to reduce buildup of residue. If food particles get stuck, use a small brush or sponge to target and dislodge them.

- **Do not remove any components of the easy-twist extractor blade;** this can result in permanent damage to the blade, resulting in leakage when blending. If, over time, the easy-twist extractor blade becomes loose or damaged, you may order a new easy-twist extractor blade at [nutribullet.com](http://nutribullet.com) or contact customer service.
- Dry the easy-twist extractor blade completely after every use.
- Regularly check the condition of the bottom of the blade for cracking or breakage. If damaged, replace easy-twist extractor blade immediately to prevent possible personal injury.

### NUTRIBULLET® CUPS & TO-GO LIDS:

These items are **TOP RACK** dishwasher-safe. We recommend rinsing and briefly scrubbing them with a dish brush to remove any remaining debris before placing in the dishwasher. **NEVER** use the sanitize cycle to wash the cups — heat this high can warp the plastic.

### STUBBORN CLEAN UP:

If ingredients get stuck to the NutriBullet® cups or easy-twist extractor blades, here's an easy cleanup solution: fill the vessel with room temperature (21°C/70°F or less) water to its MAX line and add 1-2 drops of dish soap. Twist on the easy-twist extractor blade, and blend on the motor base for 20-30 seconds. This should loosen debris enough to scrub away with soap and water.

### How to store:

Store the NutriBullet PRO® 1000 upright. Do not place anything on top of it. Store remaining pieces in a safe place where they will not be damaged and won't cause harm.



**WARNING: NEVER** store the easy-twist extractor blade on the motor base without a NutriBullet® cup as the exposed blades pose a serious laceration hazard.

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## Replacement parts.

To order additional parts and accessories, please visit our website at [nutribullet.com/shop/accessories](http://nutribullet.com/shop/accessories) or feel free to contact customer service: **1.800.523.5993**.

# NutriBullet PRO® 1000 one-year limited warranty.

## LIMITED WARRANTY FOR NUTRIBULLET®

**NutriBullet's limited warranty obligations are confined to the terms set forth below:**

NutriBullet, LLC ("NutriBullet") warrants this NutriBullet® against defects in materials and workmanship for a period of one year from the date of original retail purchase. This limited warranty is valid only in the country in which the product is purchased and comes with the product at no extra charge, however shipping and processing fees will be incurred for returns, replacements and or refunds.

If a defect exists, and NutriBullet® is obligated under this limited warranty, at its option NutriBullet® will (1) repair the product at no charge, using new or refurbished replacement parts, (2) exchange the product with a product that is new or that has been manufactured from new or serviceable used parts and is at least functionally

equivalent to the original product, or (3) refund the purchase price of the product. A replacement product assumes the remaining warranty of the original product. A repaired product has a one-year warranty from the date of repair. When a product or part is exchanged, any replacement item becomes your property and the replaced item becomes NutriBullet's property. When a refund is given, your product becomes NutriBullet's property.

## OBTAINING WARRANTY SERVICE

For limited warranty service, simply call our customer service department at 1-800-523-5993 or contact us via email from our website at [nutribullet.com](http://nutribullet.com), simply click the contact us link, fill out and submit the customer contact form and we will be glad to help you. When you contact our customer service department you will be asked for your name, address, telephone number and to provide proof of

the original purchase (receipt) containing a description of the product(s), purchase date, and the appropriate NutriBullet® serial number(s). Before you send your product for limited warranty service please make sure to keep a copy of all relevant documents for your files (receipt, etc.). It is always recommended to purchase product insurance and tracking services when sending your product for service. Remember, shipping and processing fees will be incurred and are not covered by the one-year limited warranty.

## EXCLUSIONS & LIMITATIONS

This NutriBullet® One-Year Limited Warranty applies only to NutriBullet® products distributed by or for NutriBullet® that can be identified by the "NutriBullet" trademark, trade name, logo and bar code. NutriBullet® Blender Combo's One-Year Limited Warranty does not apply to any other products that may appear to be authentic, but were not distributed/sold by NutriBullet, LLC.

Normal wear and tear is not covered by this limited warranty.

This limited warranty applies to consumer use only, and is void when the product is used in a commercial or institutional setting.

This limited warranty extends only to the original consumer purchaser and is not transferable. In addition, proof of purchase must be demonstrated.

Repair or replacement of the product (or, if repair or replacement is not feasible, a refund of the purchase price) is the exclusive remedy of the consumer under this limited warranty. NutriBullet, LLC shall not be liable for any incidental or consequential damages for breach of this limited warranty or any implied warranty on this product.

This limited warranty gives you specific legal rights, and you may also have other rights which vary from state to state. NutriBullet® is not liable for any damage to products not covered by this warranty (e.g., cups, book, User Guide).

This limited warranty does not apply: (a) to damage caused

# Warranty registration.

by accident, abuse, misuse, or misapplication; (b) to damage caused by improper maintenance (including unauthorized parts service); (c) to a product or a part that has been modified in any way; (d) if any NutriBullet® serial number or trademark has been removed or defaced; and or (e) if the product has been used with an adapter/converter.

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## **OF THIS LIMITED WARRANTY.**

No NutriBullet® reseller, agent, or employee is authorized to make any modification to this warranty.

**NUTRIBULLET IS NOT RESPONSIBLE FOR DIRECT, SPECIAL, INCIDENTAL OR CONSEQUENTIAL DAMAGES RESULTING FROM ANY BREACH OF WARRANTY OR CONDITION, OR UNDER ANY OTHER LEGAL THEORY, INCLUDING BUT NOT LIMITED TO LOST PROFITS, DOWNTIME, GOODWILL, DAMAGE TO OR REPLACEMENT OF EQUIPMENT AND PROPERTY. NUTRIBULLET® SPECIFICALLY DOES NOT REPRESENT THAT IT WILL BE ABLE TO REPAIR ANY PRODUCT UNDER THIS LIMITED WARRANTY.**

Some states and provinces do not allow the exclusion or limitation of incidental or consequential damages or exclusions or limitations on the duration of implied warranties or conditions, so the above limitations or exclusions may not apply to you. This warranty gives you specific legal rights, and you may also have other rights that vary by state or province.

Please visit [nutribullet.com/shop/accessories](https://www.nutribullet.com/shop/accessories) or call **1.800.523.5993** to register your new NutriBullet PRO® 1000. You will be asked to enter the **Serial Number\*** of your product, along with the purchase date and place of purchase.

The registration will enable us to contact you in the unlikely event of product safety notification. By registering your product you acknowledge to have read and understood the instructions for use, and warnings set forth in the accompanying instructions.



**How to find serial number under the motor base.**

**1.800.523.5993 | [nutribullet.com](http://nutribullet.com)**

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The 1000 watt rating of this appliance was obtained by using the 32oz Cup with Blade Holder Assembly and 100g of beef with tendon at max speed for 15 seconds.

Illustrations may differ from the actual product. We are constantly striving to improve our products, therefore the specifications contained herein are subject to change without notice.

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