

close



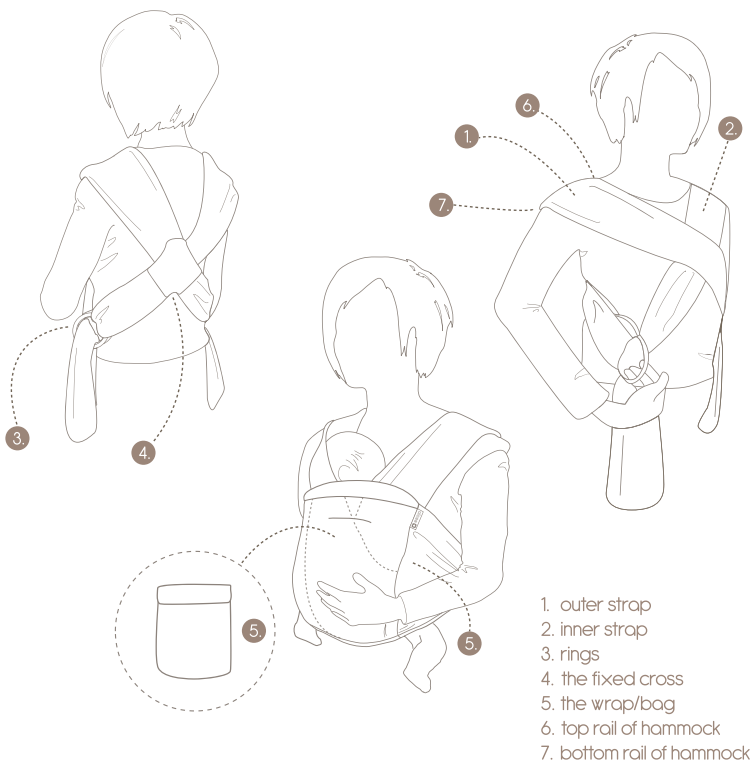
caboo
carrier

+ organic cotton



USER INSTRUCTIONS

Min 5lbs/ 2.3kgs Max 32lbs / 14.5kgs



Washing Instructions

Handy tip ...

Tie your Caboo +organic inside a pillowcase when washing and drying to keep the rings away from the machine drum and reduce the noise.

*Close accepts no responsibility for individual appliances.

Hammock: wash at 30° and do not tumble dry (do not iron the logo!)



Wrap/Bag: wash at 30°, do not tumble dry (do not iron the logo!)





IMPORTANT!

PLEASE KEEP FOR FUTURE REFERENCE

Always Caboo safely...

Please take the time to read through all of the instructions before using your Caboo +organic, we would ask you to pay special attention to the safety precautions and warnings below, these are designed to ensure safe carrying at all times, you can view a copy of the T.I.C.K.S guidelines for safe carrying in full on our website www.closeparent.com

With practice it will be second nature for you to Caboo, but in the meantime you can practice with a soft toy or doll in front of the mirror to build up your confidence! Download the video demonstration from www.closeparent.com before you start!

Safety precautions

- Make sure baby is in view at all times...regularly check your baby is secure and happy
- Keep baby high up on your chest... close enough to kiss
- Keep baby's chin off their chest...at least 1cm gap and free flowing air
- Baby should be held comfortably close...and fully supported. You should be able to maintain visual contact with your baby at all times when being carried
- Make sure baby is central...and the cross section is spread out under their bottom from knee to knee
- Don't overdress your baby...remember your body heat will keep them warm so dress them down a layer and never cover baby's head or face with an item of your own clothing.
- Use common sense...don't engage in activities which may expose you or your baby to unnecessary danger or risk... hot food or drink, heat sources, handling knives or operating dangerous machinery
- Only carry one child at a time in this carrier
- Please be aware of the increased risk of your child falling out of the carrier as it becomes more active
- Regularly inspect your carrier for any signs of wear and damage
- Keep this carrier away from children when it is not in use

WARNINGS

- CARRIER SHOULD NOT BE WORN WITHOUT THE OUTER WRAP IN THE UPRIGHT POSITIONS.
- TAKE CARE WHEN BENDING AND LEANING FORWARDS OR SIDEWAYS, ALWAYS SUPPORT BABY.
- NEVER ALLOW YOUR BABY'S FACE TO BE COVERED.
- THIS CARRIER IS NOT SUITABLE FOR USE DURING SPORTING ACTIVITIES E.G. RUNNING, CYCLING, SWIMMING AND SKIING
- YOUR MOVEMENT AND THE CHILD'S MOVEMENT MAY AFFECT YOUR BALANCE.
- CONSTANTLY MONITOR YOUR CHILD AND ENSURE THE MOUTH AND NOSE ARE UNOBSTRUCTED.
- FOR PRE-TERM, LOW BIRTHWEIGHT BABIES AND CHILDREN WITH MEDICAL CONDITIONS, SEEK ADVICE FROM A HEALTH PROFESSIONAL BEFORE USING THIS PRODUCT.
- ENSURE YOUR CHILD'S CHIN IS NOT RESTING ON ITS CHEST AS ITS BREATHING MAY BE RESTRICTED WHICH COULD LEAD TO SUFFOCATION.
- TO PREVENT HAZARDS FROM FALLING ENSURE THAT YOUR CHILD IS SECURELY POSITIONED IN THE CARRIER.

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Putting on your Caboo +organic... A

Fig A.1 – Take the carrier out of the bag and hold the carrier out in front of you as shown... the Caboo logo should be facing you reading the right way up.

Fig A.2 – Place the carrier over your head like a T-shirt...your arms should go out through the sides and head through the middle.

Fig A.3 – Pull the carrier down at the back or feed it back over your shoulders ensuring that none of the fabric is twisted...the back panel should be in your mid to low back.

Fig A.4 – Tighten the carrier by pulling down and forward evenly on both straps leaving just enough room to get your baby in...it is important that it's not too loose, they should be comfortably close [see handy tips below].

Fig A.5 – To check you have left enough room, simply place your hands behind the straps as shown...you should be able to stretch the fabric approximately 10–12cm clear from your chest, no more. Take some time to identify the inner strap this is the strap that runs closest to your body, the other is referred to as your outer strap.

Fig A.6 – To loosen the fabric at any time lift the visible front/top ring up and outwards and pull back the fabric above the ring to lengthen the strap.

Handy tips; If you are unsure whether the carrier is tight enough you can use this test. Gently press the palm of your open hand across baby's back, there should be very little movement if it is correctly tightened. You should also be able to kiss the top of baby's head very easily.

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If you need to thread the rings before use... B

Fig B.1 – Take the carrier out of the bag and place it over your shoulders, re-enforced panel section to the back.

Fig B.2 – Take the strap over your left shoulder across your body and thread through both rings.

Fig B.3 – Then take the end of the strap and thread it back through the front/top ring. To test whether you have threaded them correctly pull on the fabric behind the rings...it should stay firmly in place. Then repeat the steps right to left and go straight to Fig A.3 and follow the steps from there.

Special note for breastfeeding mums...

Re-thread the rings to alternate sides when breastfeeding, (make sure baby is not in the carrier); pull the fabric of the inner strap out of the rings ...take it back across you over the top of the opposite strap and re-thread in the same rings. Pull on the ends of the hammock straps to tighten.

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Upright Newborn position... C

0-3 months - Weight range 5lbs - 2.3kg+

Fig C.1 - Always check you have left 10-12 cm space between you and the carrier.

Fig C.2 - Pick baby up and support them with one hand high over your shoulder on the outer strap side.

Fig C.3 - Use your free hand to reach under the top part of the inner strap, slide it down and guide your baby's leg through.

Fig C.4 - Transfer your baby to the opposite shoulder supporting their head and collect the other leg through the outer strap.

Fig C.5 - Lower baby's bottom down inside the cross created by the straps, making sure the straps of the cross are located behind baby's knees. Spread the straps (inner strap first) fully and evenly from behind baby's knee, all across your baby's back and shoulders to the back of baby's other knee so they sit in a frog legged or 'M' position ...ie with their knees higher than their bottom. If you find the top or bottom rail is gaping, simply follow either rail to the ring and pull through the ring section to tighten.

Fig C.6 - Tilt baby's head back and lay their cheek against your chest to ensure they have free flowing air... their chin should be clear of their chest by a minimum of 1.5 fingers. Then support baby's head by simply spreading the fabric from the shoulder closest to them behind their head...it is good to do this with a baby of any age while they sleep. The loose ends of the straps may be tied to the front or behind you.

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Fig C.7 – Turn the bag inside out to make it into the wrap, then place the wrap around you both, with the padded cuff at the top and zip pocket facing outwards.

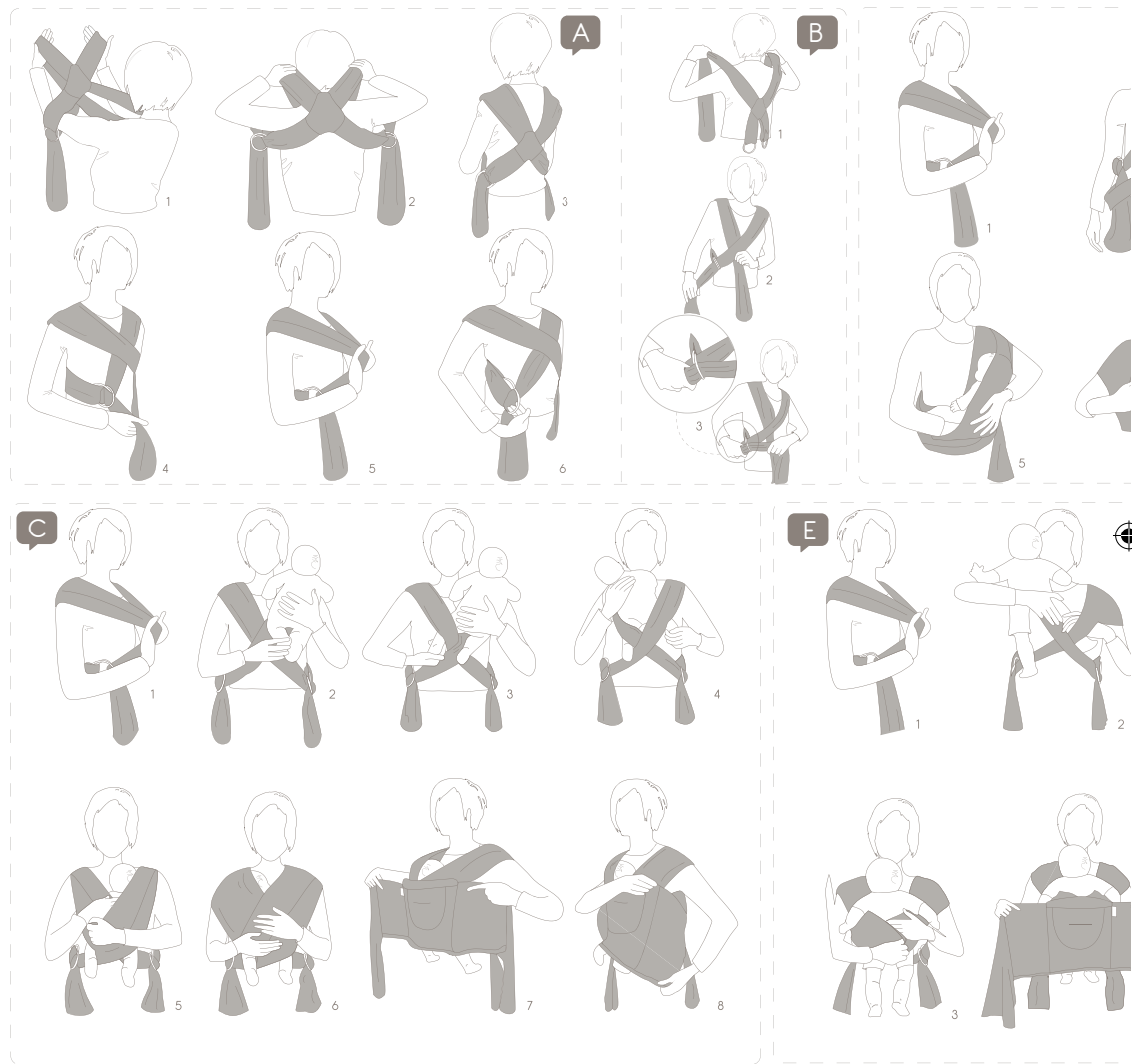
Fig C.8 – Pull tightly and tie securely in a double knot behind your back. (Please see figure C.9). Spread the material out, the top cuff should sit at the nape of baby's neck and wrap over baby's shoulders. The supporting wrap should always be used in this position.

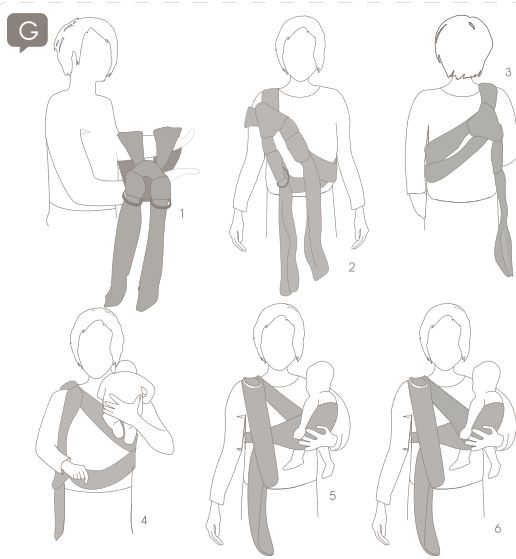
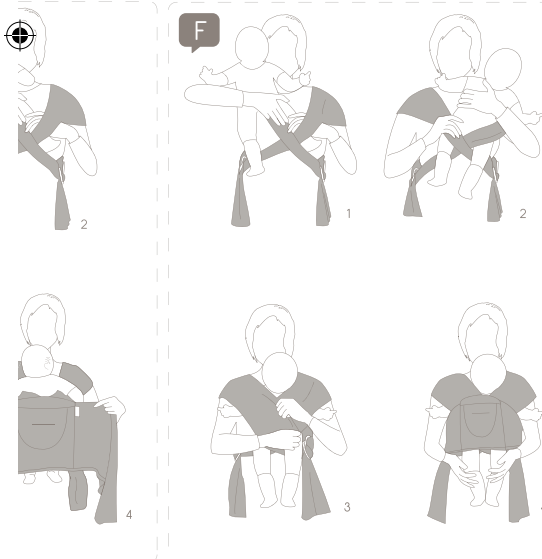
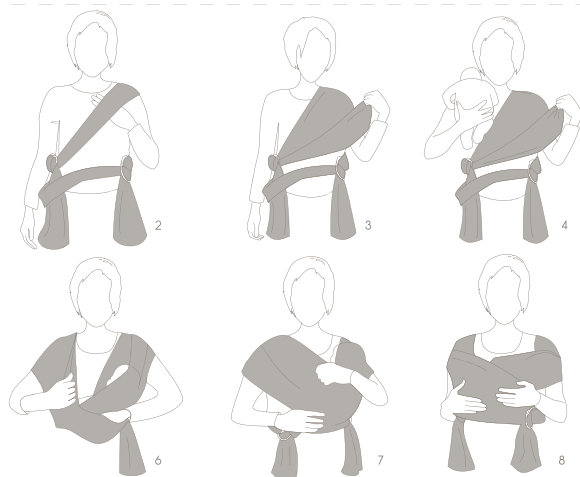
Taking off your Caboo +organic... Upright position...

Untie and take off the wrap, loosen the rings slightly to release the fabric, support your baby with one hand while you pull the fabric back with the other until you can get under each arm (and cupped behind the head for a newborn) then simply lift them up and away from you to free the legs. Put baby down safely, then to take off your Caboo +organic simply run your hands down under the lower straps of the hammock and take off over your head.

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Feeding Support... D

Please note that this should only be used when seated for breastfeeding and not as a carrying position

Put the carrier on repeating steps Fig A.1 to A.4 ...bear in mind the straps may need to be a little looser than in the upright position to get baby in.

Fig D.1 – Always check if you have left 12– 14 cm space between you and the carrier.

Fig D.2 – Leave the inner strap where it is and slide the outer strap down off the shoulder.

Fig D.3 – Create a hammock with the inner strap...keeping one edge of fabric next to your neck, pull the opposite edge down and then fold it back up onto the shoulder.

Fig D.4 – Pick up baby and support them with one hand high over the free shoulder, take hold of the outer edge of the hammock with your free hand to make room for baby.

Fig D.5 – Lower baby down into the hammock area bottom first (making sure their bottom sits in the deepest part) ...lay baby back across you...using your free hand check there is ample fabric on both the top and bottom rails of the hammock along the length of their body.

NOTE – When breast feeding your baby you can tilt them towards you by placing baby's arm closest to you down a little, resting around your waist.

Fig D.6 – D.8 – When you have baby in the correct position pull the outer strap back up over your shoulder whilst spreading lower fabric out to support baby. Make sure baby's feet are away from the rings then tighten and tie. Please note that this is a seated position for nursing only,

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not a carrying position. If baby's feet are protruding beyond the carrier, extra care must be exercised. Always ensure baby has free-flowing air whilst feeding.

Handy tip: The outer wrap can be used as a shawl for discreet breast feeding.

Get the most from your Caboo +organic when nursing

When feeding in the carrier you may need to adjust the strap so baby can approach the nipple at the right angle, you can do this by loosening the rings nearest baby's feet... this will let the head down slightly. You may also wish to fold the strap over and down the shoulder slightly on the head side so you can easily maintain visual contact with your baby while feeding. To alternate to the opposite breast you will need to take baby out and change the inner strap to the outer strap...see steps on threading the rings (Fig B.1 to B.3)

Handy tips: You can simply adjust the approach and height of either baby's head or bottom by following the top and bottom rails and loosening or tightening those edges through the rings. Breast feeding in this position is easier if you wear a breast feeding top.

Taking off your Caboo +organic...

Breastfeeding support...

Supporting baby firmly, slide the outer strap off your shoulder...place one hand between the inner strap and baby's bottom, with the other hand gently pull the fabric away from baby so you can put your hand behind their head...then lift your baby up and out.

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Upright Facing In... E

Weight range: Max weight 14.5kg 32lbs

*for babies who can hold their own head 4 months+

Fig E.1 to E.4 – Follow the steps from Fig C.1 to C.4 however baby's arms do not need to be contained by the strap...at this age baby's head will only need supporting when they are sleeping, for added security try tucking one arm in whilst they sleep. The supporting wrap should always be worn in this position.

Taking off your Caboo +organic...

Upright position...

Untie and take off the wrap, loosen the rings slightly to release the fabric, support your baby with one hand while you pull the fabric back with the other until you can get under each arm (and cupped behind the head for a newborn) then simply lift them up and away from you to free the legs. Put baby down safely, then to take off your Caboo +organic simply run your hands down under the lower straps of the hammock and take off over your head.

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Upright facing out... F

*for babies with excellent head control 5 months+

Fig F.1 to F.4 – Follow the steps from Fig A.1 to A.4... then put baby into the carrier in the same way you do for the other positions but instead of facing in your baby faces away from you...

It is important to hold your baby high up when putting them in, make sure both straps are spread out well between the legs and behind their bottom and the straps must go over baby's shoulders as shown, fully spread out across the chest. You should always wear the supporting wrap for additional support.

Special precautions for facing out...

Baby should never be carried in this position for extended periods of more than 30 minutes and should never be left to sleep in this position as there is no way to support baby's head. Always make sure baby's arms are behind the straps in this position and always use the outer wrap.

Regularly check the straps are fully spread under baby's bottom and across baby's chest. If baby seems unstable in any way or if you feel any discomfort, revert to the facing in position.

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Hip position... G

*for babies 5 months +

Fig G.1 – Hold the carrier in front of you with the back panel facing you. Rotate the back panel 90 degrees (rotate right if you want to carry on the left hip and left if on the right hip) so both sets of rings are together to the outside of one hand and the straps are together outside other hand.

Fig G.2 – Put your arm and head through the straps on the side opposite the rings, the back panel should sit on your shoulder with both sets of rings to the front on your chest.

Fig G.3 – Bring your arm on the ring side through between the rings so the outermost strap sits behind you. Slide the back panel back slightly if required the rings at the front should sit about 10cm down from your shoulder

Fig G.4 and G.5 – Place baby up high on the shoulder opposite the rings and locate the lower strap around your waist. Open the fabric to form a pouch for baby to sit in. Bring both baby's legs through the strap so that baby is sitting in the pouch and spread the fabric high up around baby's back. Ensure the fabric is spread completely underneath baby's bottom and to the backs of both their knees. Baby should be seated in the 'frog-legged' or 'M' position with their knees higher than their bottom.





Fig G.6 – Locate the upper strap, lifting this over baby's head and around baby. Spread the straps all the way across baby's back making sure that the fabric is fully spread out again underneath baby's bottom and to the backs of their knees. You should hold baby in the position you prefer and tighten the sling around him until you can remove your arms without losing the position. To tighten pull the fabric through either set of rings to adjust accordingly. Baby should be sitting upright and not leaning away from your body. You can then tie the outer wrap around you and baby for extra support. For neatness, you can tie the ends of the hammock straps together if you wish.

WARNING: Please make sure baby's fingers are clear of the rings when tightening, to avoid entrapment you can thread the spare fabric through the top ring to cover it up.

Taking off your Caboo +organic...

Hip position...

Untie and take off the wrap, loosen the rings slightly to release the fabric, support your baby with one hand while you pull the fabric back with the other until you can get under each arm, then simply lift them up and away from you to free the legs. Put baby down safely before you take off your Caboo +organic over your head.

We hope you enjoy your Caboo +organic...although awards* are nice we think happy mums, dads and babies are the best accolade we can receive. Why not join the Close community... we would love to hear all about your adventures with our carrier, whether on our doorstep or on the other side of the world.

*For details of our most recent awards and for more information on safe carrying visit www.closeparent.com

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The T.I.C.K.S. Rules for Safe Babywearing

Keep your baby close and keep your baby safe.

When you are wearing a sling or carrier,
don't forget the T.I.C.K.S

- ✓ TIGHT
- ✓ IN VIEW AT ALL TIMES
- ✓ CLOSE ENOUGH TO KISS
- ✓ KEEP CHIN OFF THE CHEST
- ✓ SUPPORTED BACK

TIGHT – slings and carriers should be tight enough to hug your baby close to you as this will be most comfortable for you both. Any slack/loose fabric will allow your baby to slump down in the carrier which can hinder their breathing and pull on your back.

IN VIEW AT ALL TIMES – you should always be able to see your baby's face by simply glancing down. The fabric of a sling or carrier should not close around them so you have to open it to check on them. In a cradle position your baby should face upwards not be turned in towards your body.

CLOSE ENOUGH TO KISS – your baby's head should be as close to your chin as is comfortable. By tipping your head forward you should be able to kiss your baby on the head or forehead.

KEEP CHIN OFF THE CHEST – a baby should never be curled so their chin is forced onto their chest as this can restrict their breathing. Ensure there is always a space of at least a finger width under your baby's chin.

SUPPORTED BACK – in an upright carrier a baby should be held comfortably close to the wearer so their back is supported in its natural position and their tummy and chest are against you. If a sling is too loose they can slump which can partially close their airway. This can be tested by placing a hand on your baby's back and pressing gently, they shouldn't uncurl or move closer to you.

Remember: never cover your baby's head, regularly check your baby is secure and has free-flowing air and monitor them constantly. For more in-depth info about safe baby carrying visit closeparent.com