



connecta™  
● ● ● ● ● baby  
connectababycarrier.com

## user guide

suitable for 3.5kg-24kg (7.5lb-52lb)

## safety considerations

please read before use

At Connecta we take safety very seriously. All our carriers have been tested to the relevant BS EN standard - the BS EN 13209-2:2005 and conform to ASTM f2236-14. Please keep the following considerations in mind when using our carriers:

Your balance may be adversely affected by your movement and that of your child. Take care when bending or leaning forward.

The Connecta is not suitable for use during sporting activities.

The Connecta is suitable for babies weighing between 3.5kg-24kg (7.5lb-52lbs). Please see usage instructions for recommended positions for different ages.

Check your Connecta before every use for any signs of damage or wear and tear. Never use a carrier with any sign of defects or damage.

**Dangerous Activities** - Never use your Connecta during any risky activities, including but not limited to:- cycling, skiing, horse-riding, swimming, cooking, running, eating hot food, drinking hot drinks, using knives or other sharp or dangerous tools, near open flames, climbing, in a moving vehicle of any kind, whilst under the influence of alcohol or any drugs etc. Use common sense at all times.

Follow the usage instructions and only use as depicted in this guide. The Connecta is only intended for use on the front and on the back. Only use on the back from a minimum of 4 months of age (baby should be able to sit independently) and exercise extreme caution when learning back carries. Use the beginner's back carry and have someone assist you at all times until you are completely confident.

Airway - particularly when using with younger babies - always be sure to keep their face clear of the Connecta or the wearer's chest and maintain a clear space for the baby to breathe fresh air at all times. Never allow a young baby's chin to droop onto the chest as this can restrict the airway. Be aware at all times of baby's breathing.

Never leave baby unattended either in or near the Connecta. The Connecta must not be used as a toy. Long straps can pose a strangulation hazard.

Take care in use - Always be aware of baby's position in the Connecta, particularly for back carries. Door frames, escalators, lifts, revolving doors, tree branches, bushes, stationary cars - particularly wing mirrors, and many other environmental obstacles can all pose a danger. Always take account of the extra space occupied by baby.

Connecta recommends that you always follow the TICKS Rules of Safe Babywearing.

**The T.I.C.K.S. Rule for Safe Babywearing**  
Keep your baby close and keep your baby safe.  
When you're wearing a sling or carrier, don't forget the T.I.C.K.S.



## ⚠ WARNING!

Check to assure all buckles, snaps, straps and adjustments are secure before each use.

Premature infants, infants with respiratory problems, and infants under four months are at greatest risk of suffocation.

## newborn front carry for babies under 10 weeks old



1 Fasten the carrier around your waist like an apron with the outside against your legs. Fasten the accessory strap around the seat of the carrier and tighten to narrow the seat. The width should be sufficient to support baby in a seated position with knees level with or higher than their bottom. Slide the accessory strap buckle to the outside of the carrier.



2 Pick up baby and tuck their legs into your waistline. Bring the panel of the carrier up between baby's legs and over their back.



3 With one hand supporting baby at all times, reach for a shoulder strap with your free hand and place it on your shoulder. Switch hands and reach back for the end of the shoulder strap, bringing it across your back.



4 Supporting baby with your forearm, use both hands to close the shoulder strap buckle on the side of the carrier, you will hear an audible click. To tighten the strap pull the webbing backwards.



5 As before, with one hand supporting baby at all times, reach for the other shoulder strap with your free hand and place it on your shoulder. Switch hands and reach back for the end of the shoulder strap, bringing it across your back. This should now form a cross over your back



6 Supporting baby with your forearm, use both hands to close the shoulder strap buckle on the side of the carrier, you will hear an audible click. To tighten the strap pull the webbing backwards. Always ensure the fit is tight and secure. You may wish to use the integral sleep hood for extra head support. You are ready to go.

# older baby front carry

for babies over 10 weeks old



## maximise your comfort

Ensure your straps are tight enough. The straps on the Connecta should hold baby tight against you and pull on the fabric of the panel to create a comfortable tight seat.

Wear baby nice and high. Baby should be 'close enough to kiss'. This will ensure their safety and your comfort.

In a front carry the shoulder straps of the Connecta should cross in the middle of your back ensuring even weight distribution.

The shoulder straps of the Connecta should not touch your neck and should instead sit in the middle of your shoulder. This aids the even spread of the weight.

Ensure baby is centred in the Connecta. By having baby centred in the Connecta you improve comfort for both of you.

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1 Fasten the carrier around your waist like an apron with the outside against your legs.
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2 Pick up baby and tuck their legs into your waistline. Bring the panel of the carrier up between baby's legs and over their back.
- 

3 With one hand supporting baby at all times, reach for a shoulder strap with your free hand and place it on your shoulder. Switch hands and reach back for the end of the shoulder strap, bringing it across your back.
- 

4 Supporting baby with your forearm, use both hands to close the shoulder strap buckle on the side of the carrier, you will hear an audible click. To tighten the strap pull the webbing backwards.
- 

5 As before, with one hand supporting baby at all times, reach for the other shoulder strap with your free hand and place it on your shoulder. Switch hands and reach back for the end of the shoulder strap, bringing it across your back. This should now form a cross over your back
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6 Supporting baby with your forearm, use both hands to close the shoulder strap buckle on the side of the carrier, you will hear an audible click. To tighten the strap pull the webbing backwards. Always ensure the fit is tight and secure. You may wish to use the integral sleep hood for extra head support. You are ready to go.

# beginners back carry

for babies 4 months + (able to sit independently)



1 Fasten the shoulder straps to the buckle on the SAME side, you will hear an audible click. Lay the carrier out on a bed or chair. Place baby on the carrier and bring the waist straps and lower portion of the carrier OVER the legs.



2 Sit down in front of baby (facing away) and fasten the waist straps around your waist and pull the webbing to tighten so it is snug.



3 Reach back and hook your arms through the fastened shoulder straps. Carefully pull baby's weight up onto your back. Pull the webbing to tighten the straps. Always ensure the fit is tight and secure.



4 You are then ready to go. To remove baby simply reverse the steps above and lower baby onto a soft surface. If desired, the accessory strap can be fastened around the shoulder straps to help keep them in place.

# secure back carry

for babies 4 months + (able to sit independently)



1 Fasten the carrier around your waist like an apron with the outside against your legs. Position the carrier on your hip. Fasten the shoulder straps to the side buckles on the SAME side, you will hear an audible click.



2 Pick up baby and sit them around your waist on top of the carrier with their legs either side of you. Bring the panel of the carrier up between baby's legs and over their back.



3 With one hand supporting baby at all times, reach with your free hand for one of the fastened shoulder straps. Gather the other fastened shoulder strap so that you have BOTH shoulder straps in your free hand. Baby is now supported in the carrier.



4 Once you are sure baby is secure, hold the gathered shoulder straps with both hands. Slide your right arm through the fastened right hand shoulder strap.



5 Check baby is still secure. Use your right hand to grasp both shoulder straps and your left to slide the waistband round so that baby is now in the centre of your back. Lean forward slightly and slide your left arm into the fastened left hand shoulder strap.



6 Grasp both shoulder straps with one hand. With your free hand tighten the webbing on one strap. Switch hands and repeat this step on the other strap. Ensure the fit is tight and secure.



7 You are ready to go.



8 If desired, the accessory strap can be fastened around the shoulder straps to help keep them in place.

# advanced back carry

9 months +



## connecta eye-spy

Our nifty clip-on acrylic mirror allows you to maintain eye contact with baby whilst carrying them on your back.



Available to purchase online - [connectababycarrier.com](http://connectababycarrier.com) & from our boutique - +44(0)1483 419031.

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1 Fasten the carrier around your waist like an apron with the outside against your legs. Fasten the shoulder straps to the side buckles on the SAME side, you will hear an audible click. Slide the waistband around so the carrier is hanging against the back of your legs.
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2 Pick up baby and sit them on your hip. When learning this step, do so over a soft surface such as a bed or sofa. For the first few times another person assisting you may be helpful too.
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3 Holding baby with one hand, lean forward and slide baby around your hips towards and onto your back. Use your free hand to help guide baby around your hip and shift their weight onto your back.
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4 With both hands on baby, gently manoeuvre them up to the centre of your back into a piggy back position.
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5 Keeping one hand on baby at all times, use the other hand to bring the panel of the carrier up over baby. Put each arm through the fastened shoulder straps. Pull the webbing to tighten the straps until comfortable and check baby is fully seated in the Connecta. Always ensure the fit is tight and secure.
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6 You are ready to go. To remove baby, reverse the above steps. If desired, the accessory strap can be fastened around the shoulder straps to help keep them in place.

## special features

The Connecta has a uniquely shaped and contoured panel. Wide 50mm webbing is used throughout for comfortable front carries as well as back. We use high quality low profile contoured nylon buckles allowing a dual adjustable waist and audible clicks.

The Connecta's wide base supports an anatomically correct position for baby and optimum comfort for the wearer. The panel can be rolled at the bottom to shorten if necessary.

At Connecta we take safety very seriously, our carrier conforms to BS EN 13209-2:2005 and to ASTM f2236-14.



### integrated sleep hood

The Connecta features an integrated sleep hood that is a seamless addition to the top of the carrier. The hood has the clever ability to tuck right away inside the carrier, creating a handy pocket for soft small items when the hood is not in use. You simply separate the front and back layers of the carrier and tuck the hood away inside!

The hood also provides extra head support for newborn babies; either by using the hood buckles or simply by rolling it up. When using the hood always ensure that correct positioning is maintained.



### accessory strap

The included accessory strap can be used to narrow the body of the carrier to use with a younger baby, as a chest strap, and to hold the carrier together when folded.

special features

## helpful hints & tips for using your connecta

Take your time when trying your Connecta for the first time. Choose a time when baby is well fed and rested. When you are ready and baby is safely in the Connecta, get moving and go for a walk. Babies like movement and it will help them become accustomed to the carrier.

Only use with baby facing the wearer. The Connecta is designed to allow for parent facing positions on the front and the back, which allow baby to achieve the optimum ergonomic position, with knees level with or higher than the bottom.

For front carries baby should be positioned high and snug on your chest. If you find baby is too low, take all their weight in one arm and lift up whilst tightening the webbing with the other hand. Repeat on the other side.

Men and some women may prefer to wear the shoulder straps crossed over the chest when back carrying. Always have a second person assisting when fastening in this way.

The top of the Connecta is designed to support baby's head. If baby prefers to be able to see out when awake and/or have their arms free, fold over the bottom of the carrier over once or twice before fastening around the wearer's waist. This has the effect of shortening the panel size and allowing baby more freedom. Always make sure the Connecta is still tall enough to reach up to baby's armpits.

Make sure the shoulder straps sit in the middle of the wearer's shoulders and not too close to the neck. This helps the straps cross low on the wearer's back distributing baby's weight evenly.

## washing your carrier

Where possible spot clean your Connecta with a soft cloth and warm water. When necessary you can machine wash your Connecta on a delicate cycle at 30 degrees or less.

Any Connecta containing wool should only be spot cleaned or hand washed.

Do not tumble dry, iron or bleach your Connecta.

Avoid using washing detergent with optical brighteners or fabric softener. Where possible remove the buckles or clip them together.

# questions?

We want you and baby to feel 100% content with your Connecta. If you have any questions about your Connecta contact us in the boutique, on Facebook or through our website.

Connecta Baby Boutique  
3 Queen Street  
Godalming  
Surrey  
GU7 1BA

[info@connectababycarrier.com](mailto:info@connectababycarrier.com)

[facebook.com/connectababycarrier](https://www.facebook.com/connectababycarrier)

+44(0)1483 419031



For our boutique  
goodies

[naturalconnection.co.uk](http://naturalconnection.co.uk)

**connecta**<sup>TM</sup>  
● ● ● ● ● baby  
[connectababycarrier.com](http://connectababycarrier.com)

Company number 8975683 · VAT Number 159 7741 62





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Use the accessory strap to adjust the base of your Connecta, to get a perfect fit for your baby,

The seat of the Connecta should provide support from the back of one knee to the back of the other knee.



2

Attach the carrier waistband around you, high on your body.

Then fasten the accessory strap around the fabric of the carrier near to the warning label. This narrows the fabric 'seat' for your baby.



3

Slide the buckle around to the outside of the carrier, so that it can be adjusted after your baby is secured, if required.

TIP - check the width of the seat every time you use your Connecta and loosen the accessory strap when needed, so your growing baby is supported well.



4

Make sure your newborn is in a natural deep seated position on your chest and slide the Connecta up their back, providing support all the way up to the back of the neck. Your baby will be supported by the fabric panel, so make sure it is snug across their back.

TIP - To get a perfect fit for your baby, the seat of the Connecta should provide support from the back of one knee to the back of the other knee. Their bottom should be at the same height or just below their knees. Check that the fabric is evenly distributed across the width of the seat and not bunched up, especially around the knees.



5

When the shoulder straps are fastened and tightened, you can clip up the sleep hood to create additional head support for your baby.

Your baby should now be positioned nice and high on your chest so that you can kiss their head easily. Always ensure that your baby's airways are clear, their chin is not resting on their chest and that you have a clear view of babies face.



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Please refer to the TICKS on the reverse of this insert and to our user guide for full safety advice when carrying.

If you have any questions please email us on [info@connectabobycarrier.com](mailto:info@connectabobycarrier.com) and one of our team of trained babywearing consultants will be able to help you.

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# The T.I.C.K.S. Rule for Safe Babywearing

Keep your baby close and keep your baby safe.

When you're wearing a sling or carrier, don't forget the T.I.C.K.S.



- ✓ TIGHT
- ✓ IN VIEW AT ALL TIMES
- ✓ CLOSE ENOUGH TO KISS
- ✓ KEEP CHIN OFF THE CHEST
- ✓ SUPPORTED BACK



**TIGHT** – slings and carriers should be tight enough to hug your baby close to you as this will be most comfortable for you both. Any slack/loose fabric will allow your baby to slump down in the carrier which can hinder their breathing and pull on your back.



**IN VIEW AT ALL TIMES** – you should always be able to see your baby's face by simply glancing down. The fabric of a sling or carrier should not close around them so you have to open it to check on them. In a cradle position your baby should face upwards not be turned in towards your body.



**CLOSE ENOUGH TO KISS** – your baby's head should be as close to your chin as is comfortable. By tipping your head forward you should be able to kiss your baby on the head or forehead.



**KEEP CHIN OFF THE CHEST** – a baby should never be curled so their chin is forced onto their chest as this can restrict their breathing. Ensure there is always a space of at least a finger width under your baby's chin.



**SUPPORTED BACK** – in an upright carry a baby should be held comfortably close to the wearer so their back is supported in its natural position and their tummy and chest are against you. If a sling is too loose they can slump which can partially close their airway. *(This can be tested by placing a hand on your baby's back and pressing gently - they should not uncurl or move closer to you.)*

A baby in a cradle carry in a pouch or ring sling should be positioned carefully with their bottom in the deepest part so the sling does not fold them in half pressing their chin to their chest.