

## Using Your BabyHawk Mei Tai

Back Carry Cross Tie

Back Carry

[watch the VIDEO](#)

Front Carry Front Tie

[watch the VIDEO](#)

Front Carry Back Tie

[watch the VIDEO](#)

Newborn Carry Front Tie

[watch the VIDEO](#)

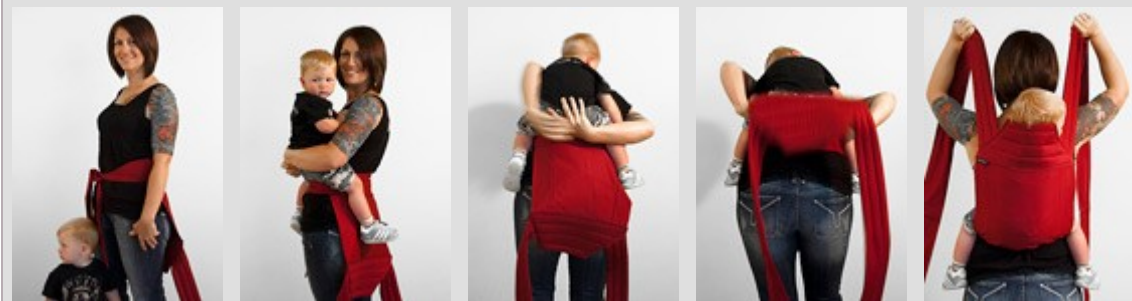
Newborn Carry Twist Tie

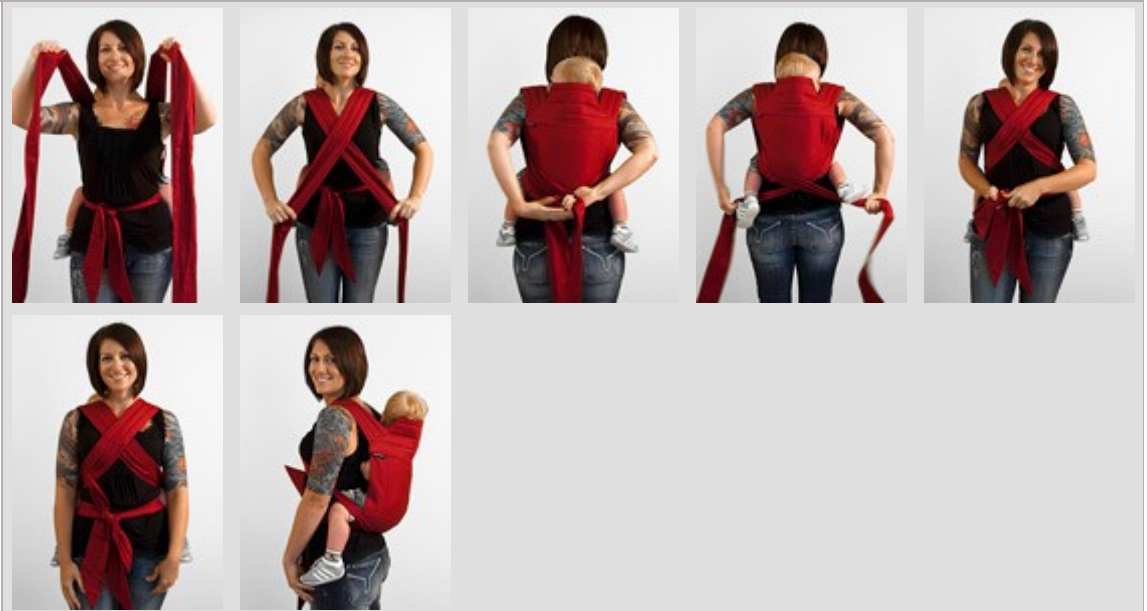
[watch the VIDEO](#)

- When putting the carrier on you, tie the carrier upside down against your body, the pattern you wish to display will be towards your body in this position.
- Tie the straps behind the back of a younger baby for more support and under the bottom of a larger baby or toddler.
- Especially when have your baby on your back, when you walk past a window or car, check and make sure that everything looks to be in place and the baby still looks comfy.
- Use a square knot instead of a bow when tying for security, if you have enough tails left over; feel free to tie it in a bow.
- You can tie the waist straps above or just under your breasts to get the baby higher on your body (this for back carries only and not recommended to wear the waist straps above your breasts in a front carry).
- It is safe for babies/toddlers to have their arms out over the top if that is what they prefer.

## Back Carry Cross Tie

- Tie the shorter straps around your waist in a secure double knot, with the side you want facing out against the back of your legs. The carrier should look like a apron hanging down on your backside to the back of your knees.
- Put your baby on your hip and scoot them around onto your back while leaning forward with your back flat like a table
- Make sure his body is centred on your back
- While holding on to the baby with one hand, pull the body of the carrier up between his legs and over his back
- Pull the straps straight up over your shoulders and do a little hop while you pull on the straps to ensure that the baby/toddler is nestled into the carrier
- Pull the straps over your shoulders then cross them across your chest
- Wrap the straps around your body to behind baby's back.
- Cross the straps over your baby's legs and then under the opposite leg and bring back to the front and tie with a secure double knot.





## Back Carry

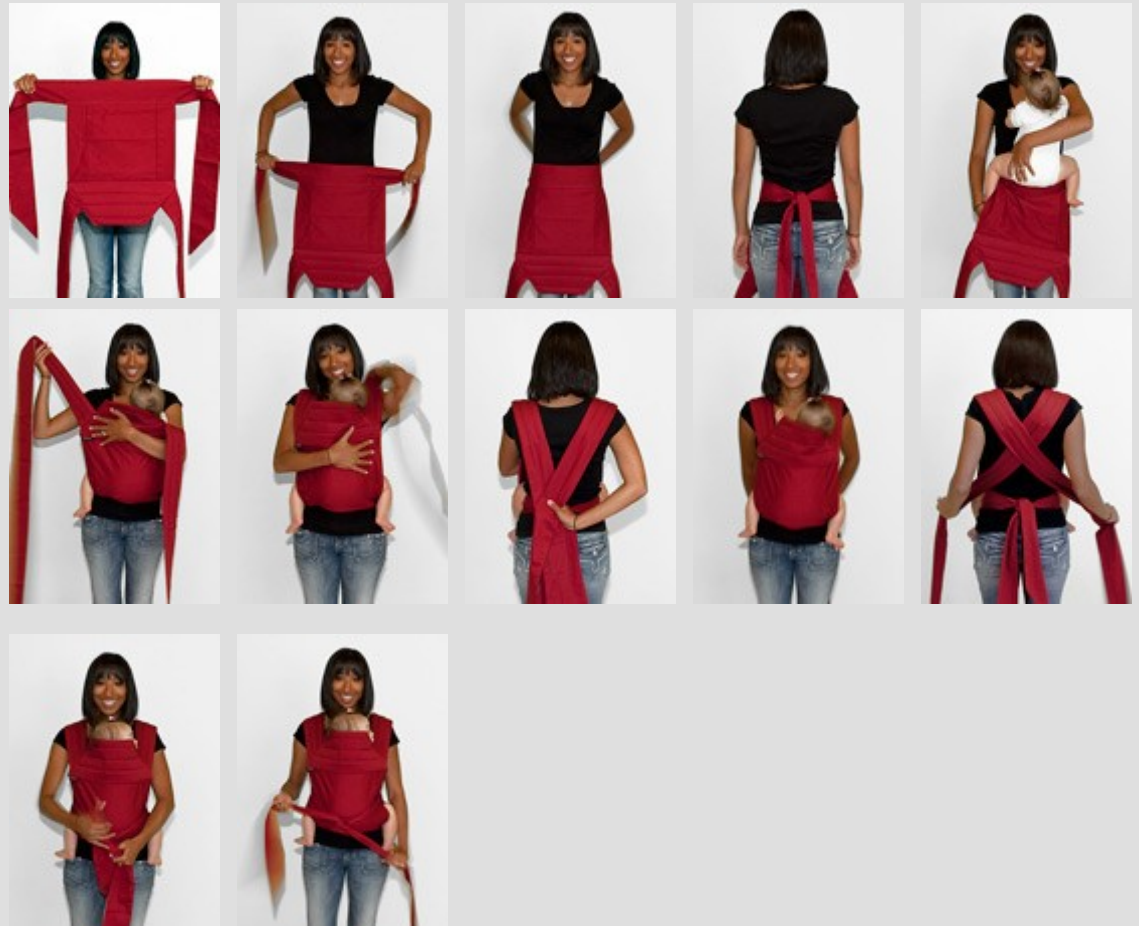
- Tie the shorter straps around your waist in a secure double knot, with the side you want facing out against the back of your legs. The carrier should look like a apron hanging down on your backside to the back of your knees.
- Put your baby on your hip and scoot them around onto your back while leaning forward with your back flat like a table
- Make sure his body is centred on your back
- While holding on to the baby with one hand, pull the body of the carrier up between his legs and over his back
- Pull the straps straight up over your shoulders and do a little hop while you pull on the straps to ensure that the baby/toddler is nestled into the carrier
- Pull the straps over your shoulders and then back under your arms (like a backpack). Wrap them around to behind your baby's back.
- Cross the straps over your baby's legs and then under the opposite leg and bring back to the front and tie with a secure double knot





## Front Carry Front Tie

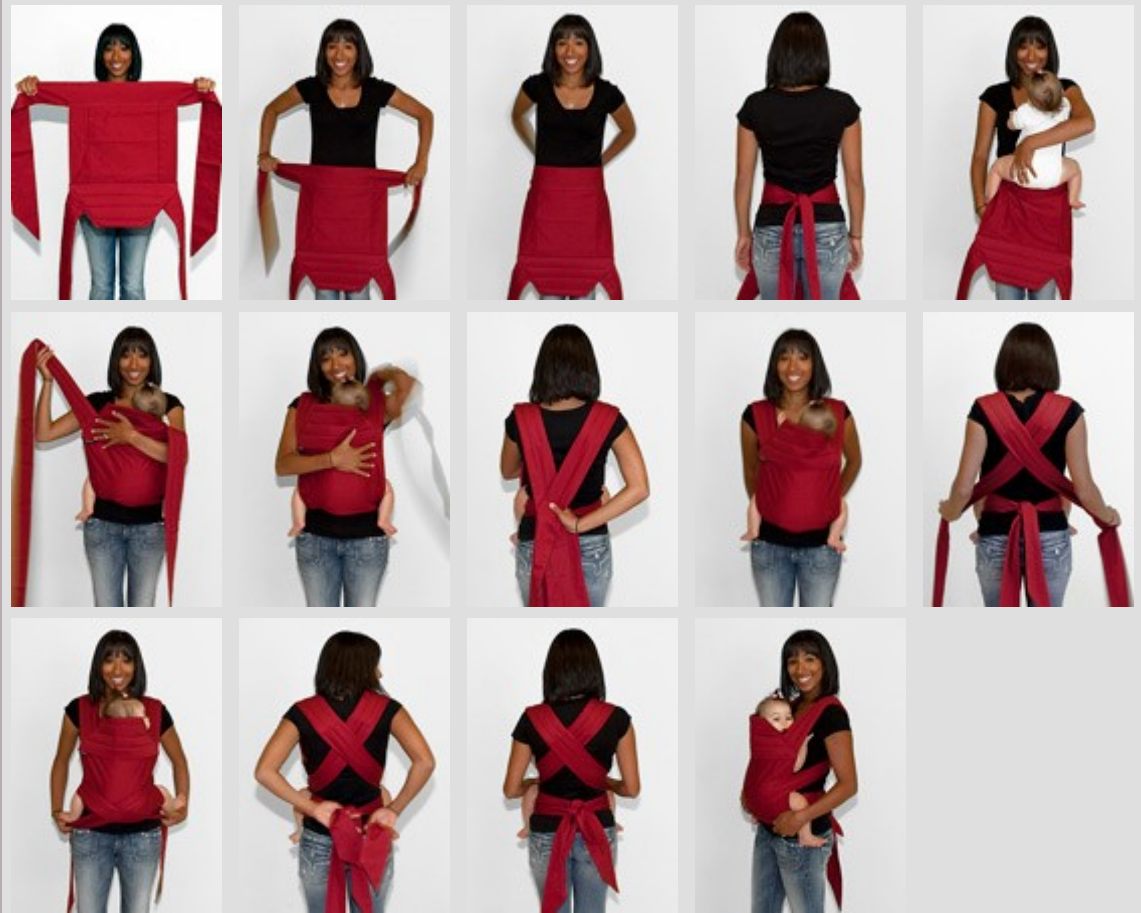
- Tie shorter straps around your waist with the side you want facing out against your legs. The carrier should look like an apron hanging down to your knees.
- Hold the baby so that he can wrap his legs around your waist.
- While supporting baby, pull the body of the carrier up and over his back.
- Pull the straps straight up and do a little hop to get baby seated fully into the carrier.
- Use one hand to support your baby and the other to grab both of the top straps that are now over your shoulders and hanging down your back
- Cross the straps across your back while making sure you are pulling them tight enough to support baby, you can do another little hop and pull to make sure the slack is completely out of the straps and body of carrier.
- Bring the straps back around the front of your body and tie them with a secure double knot either behind baby's back or under his bottom.



Continued ...

## Front Carry Back Tie

- Tie shorter straps around your waist with the side you want facing out against your legs. The carrier should look like an apron hanging down to your knees.
- Hold the baby so that he can wrap his legs around your waist.
- While supporting baby, pull the body of the carrier up and over his back.
- Pull the straps straight up and do a little hop to get baby seated fully into the carrier.
- Use one hand to support your baby and the other to grab both of the top straps that are now over your shoulders and hanging down your back
- Cross the straps across your back while making sure you are pulling them tight enough to support baby, you can do another little hop and pull to make sure the slack is completely out of the straps and body of carrier.
- Bring the straps back around the front of your body and over the top of baby's legs. Twist them together, interlocking them under his bottom and wrap the straps under his legs around to your back and tie in a secure double knot.



## Newborn Carry Front Tie

- Tie shorter straps around your waist with the side you want facing out against your legs. The carrier should look like an apron hanging down to your knees.
- Hold the baby against your chest with his feet up in the "froggy" position (this is the natural position that newborns hold their legs in)
- While supporting the baby, pull the body of the carrier up and over his back
- Toss the top straps over your shoulders and position baby deep into the carrier pulling any slack out of the carrier. His head should be completely supported by the headrest.
- Use one hand to support your baby and the other to grab both of the top straps that are now over your shoulders and hanging down your back
- Cross the straps across your back while making sure you are pulling them tight enough to support the baby
- Bring the straps back around to your front and tie them with a secure double knot behind the middle of your baby's back.





### Newborn Carry Twist Tie

- Tie shorter straps around your waist with the side you want facing out against your legs. The carrier should look like a apron hanging down to your knees.
- Hold the baby against your chest with his feet up in the "froggy" position (this is the natural position that newborns hold their legs in)
- While supporting the baby, pull the body of the carrier up and over his back
- Toss the top straps over your shoulders and position baby deep into the carrier pulling any slack out of the carrier. His head should be completely supported by the headrest.
- Use one hand to support your baby and the other to grab both of the top straps that are now over your shoulders and hanging down your back
- Cross the straps across your back while making sure you are pulling them tight enough to support the baby
- Bring the straps back around to your front and twist them together to interlock them behind the middle of your baby's back.
- Wrap the straps back around your body and tie them in a secure double knot behind your back.



